



BRACKENRIDGE HS GIRLS ATHLETICS STRENGTH & CONDITIONING

SAISD CLOSED JULY 3-7

S&C starts on June 12th,
Monday - Thursday
from 8am-10am.
For sport specific
dates and times,
see below details.



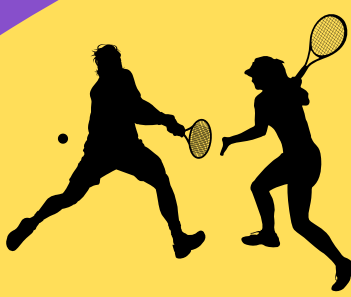
WRESTLING

Mon - Thurs
June 5 - July 27
 @ 7:00 AM
 Brack HS Gym



CROSS COUNTRY

Mon - Thurs
June 5 - July 27
 @ 6:45 AM
 Brack HS Gym



TENNIS

Mon - Thurs
July 10 - July 27
 @ 11:00 AM
 Brack HS Tennis
Courts



VOLLEYBALL, SOCCER, BASKETBALL

Skill specific for
these sports is TBA

**CLICK LINKS
BELOW FOR:**

*UPDATED
PHYSICAL & ONLINE PAPERWORK

*MUST BE REGISTERED FOR STRENGTH & CONDITIONING

*MUST BE REGISTERED AT BRACK FOR 23-24 SCHOOL YEAR